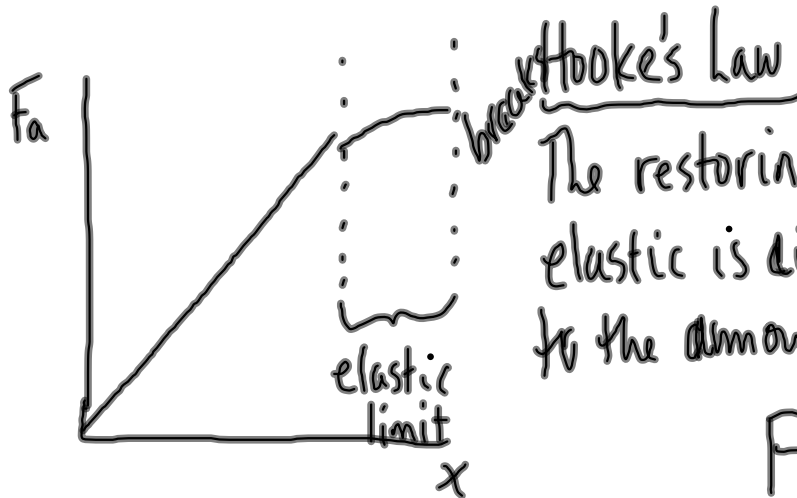


Elastic Potential Energy



The restoring force in a spring or elastic is directly proportional to the amount stretched/compressed

$$F = -kx$$

Where F is the restoring force (N)

k is the spring constant ($\frac{N}{m}$)

x is the amount of stretch/compression (m)

We are usually going to use this in terms of the applied force rather than the restoring force

$$F_a = kx$$

MP/257

$$F_a = 133\text{N}$$

$$x = 7\text{cm}$$

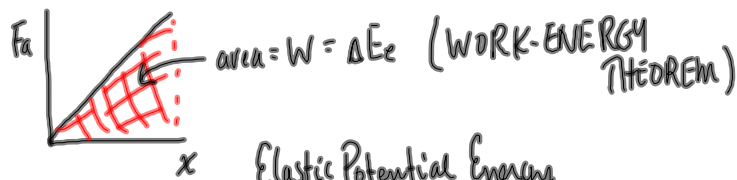
$$k = ?$$

$$F_a = kx$$

$$k = \frac{F_a}{x}$$

$$k = \frac{133\text{N}}{0.07\text{m}}$$

$$k = 1.9 \times 10^2 \text{ N/m}$$



Elastic Potential Energy

$$E_e = \frac{1}{2} kx^2$$

Where E_e is elastic potential energy (J)

k is spring constant (N/m)

x is the amount of stretch/
compression (m)

MP/260

$$k = 75 \text{ N/m}$$

$$x = -28 \text{ cm}$$

a) $\Delta E_e = ?$

b) $F_a = ?$

a) $\Delta E_e = E_{e2} - E_{e1}$ (not stretched/compressed to begin with)

$$\Delta E_e = \frac{1}{2} kx^2$$

$$\Delta E_e = \frac{1}{2} (75 \frac{\text{N}}{\text{m}}) (-0.28 \text{ m})^2$$

$$\Delta E_e = 2.9 \text{ J}$$

There was an increase of 2.9 J
in elastic potential energy (i.e.
2.9 J of work was done on the spring)

b) $F_a = kx$

$$F_a = (75 \text{ N/m}) (-0.28 \text{ m})$$

$$F_a = -21 \text{ N}$$

↑ pushing on the spring

NOTE: You MUST find work using $W = \Delta E_e$
You cannot find work using $W = F_{\text{net}} d$
because the force is not constant !!

(for a spring or elastic)

To Do

① PP/250

② PP/254

③ PP/258

④ PP/261